

BRIDGING THE GAP:
Officers • Clinicians • Researchers • Policy Makers • Community

a collaborative workshop
addressing suicide among police officers

Program Agenda – Day 1, Thursday, March 21, 2019

(6:00pm) Meet and greet keynote speakers at BRAVE Public Safety and Police Wellness Center.
6323 N. Avondale Ave, Chicago, IL 60631

Program Agenda - Day 2, Friday, March 22, 2019

- (8:00am) Introduction: Welcome
- Opening: The Problem of Police Officer Suicide: A review of the last year of police officer suicides, highlighting the 5 suicides in the last 6 months in the city of Chicago.
- Daniel L. Hollar, PhD, Chair, Department Behavioral and Social Science Studies, Bethune-Cookman University
- (8:35am) *Keynote Session: Accounts of dealing with PTSD, Depression and where to go for help
- Mark DiBona, Badge of Life-The role of family, the community and local parish
- (9:35am) *Keynote Session: Why People Die By Suicide: The Interpersonal Psychological Theory of Suicide
- Thomas E. Joiner, Jr., PhD, Clinical Psychology, Florida State University
- (10:35am) *Workshop Panel Discussion: Understanding the decision of lethal self-harm; Improving officer support and risk; assessment Administrative issues, concerns, and plans regarding safeguarding officers and the brand in 21st Century Policing

- (12:00pm) LUNCH – catered event
- (1:15pm) *Keynote Session: Reducing the stigma of EAP referral, Building resilience and career self-esteem in the academy.
-Leo Polizoti, PhD, Police Psychologist
- (2:15pm) *Keynote Session: An Examination of critical factors associated with officer deaths and the need for collaboration between Clinicians and Police agencies.
-Michael Sefton, PhD, Police Psychologist Baltimore PD
- (3:15pm) Workshop Panel Discussion: Identification of signs of stress and intervention following high stress incidents; Protecting Officer against suicide; Critical incident resilience training; and Peak performance- growing acceptance for mindfulness.
- (5:00pm) Conclusion- Take Away Points summarized by Daniel L. Hollar, PhD

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