

# Road to Resilience

A Series on Recovery from Addiction and Trauma for Law Enforcement

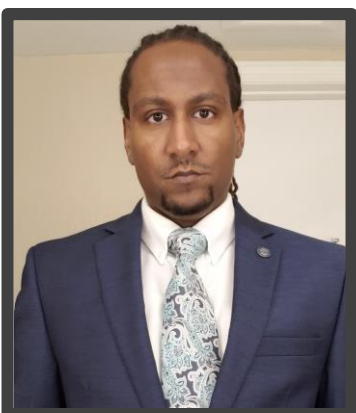


**BRAVE Police and Public Safety Wellness Center**  
6323 N. Avondale Ave. #111B  
Chicago, IL 60631  
August 15<sup>th</sup> -16<sup>th</sup>, 2019  
8am-3pm



**Dr. Robin Kroll, Psy.D.**, is a Clinical Psychologist with an independent practice with offices in Chicago and Lake County. Dr. Kroll has a special concentration in working with first responders and military, addiction and trauma, neuro-regulation, clinical hypnosis, and EMDR. Dr. Kroll is Board Certified in Police and Public Psychology. She works with police officers and other first responders on issues related to addiction, mood disorders, family and work-related matters, critical incidents and Post Traumatic Stress Disorder. Dr. Kroll speaks at police and public safety conferences, implements stress management seminars for law enforcement agencies and develops Officer Wellness programs. Dr. Kroll facilitates a group program for officers who struggle with alcohol and substance addiction and a critical incident first responders' group.

**Dr. Marva Dawkins, Ph.D.**, is a highly experienced clinical psychologist in the field of police and forensic psychology. Her work in police psychology began in the early 1980's. Since that time, she has conducted numerous psychological evaluations of police candidates and incumbent police officers. She has been a consultant to police departments and has presented research to the professional community in the field of police psychology. As Founder and President of The Center for Applied Psychology and Forensic Studies, she continues to be involved in training, mentoring and program development, hoping to inspire another generation of professionals to be prepared for the challenges they will face in 21<sup>st</sup> century law enforcement and public safety. Dr. Dawkins received her Ph. D. in psychology from Florida State University and is also board certified in police and public safety psychology.



**Dr. Daniel Hollar, Ph.D.**, has a breadth of experience with law enforcement agencies and personnel. For over 12 years, he worked alongside law enforcement professionals at the largest forensic psychiatric inpatient hospital in Florida providing individual and group therapy, competency evaluation and training, mental status evaluations for involuntary commitments, and expert testimony in the State of Florida. Dr. Hollar has done subcontracted work for the Department of Juvenile Justice and the Department of Children and Families for over a decade. Additionally, he has 15 years of psychological assessment experience in private practice; with an expertise in suicide risk assessment. He has authored a book on Suicide and Eating Disordered Behavior and co-authored several suicide-related articles in peer-reviewed scientific journals.

# The Road to Resilience

## 2-day Seminar on Addiction & Trauma in Law Enforcement

**Hosted by: BRAVE Police and Public Safety Wellness Center**  
August 15<sup>th</sup> – 16<sup>th</sup>, 2019, 8am-3pm, Chicago, IL

### DAY 1 (8/15): Trauma in Law Enforcement

Check-in 8:00-8:30am (light breakfast included)

8:30am: Welcome

8:40 - 9:40am: ***“Examining Trauma; Signs and Symptoms. What to look for.”***, Dr. Marva Dawkins, Ph.D.,  
Board Certified Police and Public Safety Psychologist

9:45 - 10:45am: ***“Aspects that impact trauma, and how it manifests itself in Law Enforcement, start to finish”***, Dr. Robin Kroll, Psy.D, Board Certified Police and Public Safety Psychologist

10:50am-12:00pm: ***“Worst Case Scenario: The relationship between trauma and suicide among police officers”***, Dr. Daniel Hollar, Ph.D.

12:00-1:00pm: Lunch

1:00-1:55pm: ***“Experiences of officers involved in critical incidents and other potentially traumatic events”***, Law Enforcement Officer Panel

2:00-2:55pm: ***“Reality and Resiliency for First Responders: Life during and after the Job”***, Special Guest  
Eugene Roy, Retired Chief of Detectives, Chicago Police Department

3:00-3:30pm: Discussion and Closing

### DAY 2 (8/16): Addiction in Law Enforcement

Check-in 8:00am-8:30am (light breakfast included)

8:30am: Welcome

8:45 - 9:15am: ***“How leaders and police departments can support their officers in times of distress”***,  
Guest Speaker: Deputy Chief Scott Eisenmenger

9:20 - 10:30am: ***“Wellness Options: Standards of Treatment in the Field, Part 1”***, Dr. Robin Kroll, Psy.D,  
Board Certified Police and Public Safety Psychologist

10:45 – 12:00pm: ***“Wellness Options: Standards of Treatment in the Field, Part 2”***, Dr. Robin Kroll, Psy.D,  
Board Certified Police and Public Safety Psychologist

12:00 - 1:00pm: Lunch

1:00 - 2:00pm: ***“Experiences of officers in recovery and how to maintain successful sobriety as police officers.”***, Law Enforcement Officer Panel

2:00 - 3:00pm: ***“Addiction on the Brain”***, Dr. Anish John, M.D., Positive Sobriety Institute

3:00 - 3:30pm: Discussion and Closing

Law Enforcement: \$95 Clinicians/Psychologists: \$175 Students: \$50 Gen Ad: \$150  
Register before Aug 5<sup>th</sup> for \$50 off clinician price!

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